Updated research guide now available

An updated version of the *Drug and Alcohol research guide for PDHPE students* is now available.

This guide takes you to key websites, eresources, books and information about drugs and alcohol for PDHPE students.

Use the guide to find sources of information about:

- drug use including polydrug use, drug treatment and dependence
- specific drugs, including their long and short term effects, how they are used, legal status and information on mixing drugs
- adolescent drug use
- consequences of drug use
- statistics and reports
- drug trends and policies
- how to analyse and assess online health information.


**Links**